



HAZARD

Manual Handling

| SIGNIFICANT RISK (Including Risks to third Parties) | INITIAL ASSESSMENT | | | | CONTROL MEASURES | FINAL ASSESSMENT | | | |
|--|--------------------|-------------|-------|---------|---|------------------|-------------|-------|---------|
| | SEVERITY | PROBABILITY | SCORE | RATING* | | SEVERITY | PROBABILITY | SCORE | RATING* |
| Slips, trips and falls | 2 | 3 | 6 | LOW | 1. If the operation involves a significant risk of injury use a mechanical form of lifting 2. Assess the load before lifting 3. Make sure the route taken is clear of any trip hazards 4. Make sure you are capable of lifting the load if not get help 5. Ensure you lift the load with your legs keeping your back straight. 6. Try to minimise any twisting stooping or large vertical movements 7.If the operation is a repetitive action ensure you have sufficient time to rest and recover 8. No one person may manually carry a load greater than 20KG | 2 | 1 | 2 | LOW |
| Back injury | 4 | 5 | 20 | HIGH | | 4 | 1 | 4 | LOW |
| Upper limb disorders | 4 | 5 | 20 | HIGH | | 4 | 1 | 4 | LOW |
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| | OVERALL RATING | | 15 | MEDIUM | | OVERALL RATING | | 3 | LOW |
| | | | | | | | | | |

WORK MAY PROCEED PROVIDED ALL CONTROLS ARE IN PLACE

NOTE:

* Risk Rating

Risk Rating it is calculated on the basis of multiplication process of 'severity' and 'probability'.

| SEVERITY | PROBABILITY | RISK RATING * | |
|-------------------|-------------------|---------------|--------|
| 1. NEGLIGIBLE | 1. VERY RARE | 1 to 7 | LOW |
| 2. MINOR | 2. REMOTE | | |
| 3. NOTIFIABLE | 3. OCCASIONAL | 8 to 17 | MEDIUM |
| 4. MAJOR | 4. REGULAR | | |
| 5. FATALITY | 5. FREQUENT | 18 to 36 | HIGH |
| 6. MULTI-FATALITY | 6. ALMOST CERTAIN | | |

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